# Blutdrucktabelle

Name: _____ Geburtsdatum: ____ . ____ . _____

| | Blutdruck am Morgen | | | | Blutdruck am Abend | | | |
|---|---|---|---|---|---|---|---|---|
| Datum | Uhrzeit | systolisch | diastolisch | Puls | Uhrzeit | systolisch | diastolisch | Puls |
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